



SENIOR CITIZENS

Special Talk Sessions, Storytelling Sessions, Empathetic Listening Sessions are conducted for senior citizens to heal the following Emotional setback:

Grief (Hand Holding), Low self-esteem, Emptiness, Passive Thinking, Enhanced Sadness, Feel of Distrust, Feel of Constant Fear, Guided Diet Plan, Guided Activity Plan.

All our coaching sessions involve combination of therapies.

Contact Us

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